

Date: 5/2/25

PREP GRADES K-5 LAUSD BREAKFAST, LUNCH, SUPPER MENU
AUGUST 18 – 22, 2025

	MONDAY 8/18	TUESDAY 8/19	WEDNESDAY 8/20	THURSDAY 8/21	FRIDAY 8/22
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Entrée 1	Cinnamon French Toast V (R2222) Optional: Fresh Apple Cinnamon Topping (R3142)	Morning Magic Bagel V (R2292)	Fiesta Bean & Cheese Burrito V (R1099) OPTIONAL: Fresh Salsa (R4613)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake V (CMS #2773)
Entrée 2	Deluxe Cereal Bowl V	Chocolate Chip Muffin V (CMS #2029)	Yogurt 4 oz. & Crackers V (R5617-DW, R5618-CB)	Deluxe Cereal Bowl V	Nutri-Grain Bar & Yogurt V (R5721-DW, R5722-CB)
Entrée 3 <i>Vegan</i>	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)	Soy Yogurt & Belvita Crackers (R5715-DW, R5716-CB)	Cinnamon Toast Crunch (CMS #1623)	Morning Magic Bagel (R2292) Strawberry Jam (CMS#1690)
	BIC Sites: Put at least 1 serving of the Vegan option in each BIC bag each day.				
Fruit (½ c)	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Fruit-Juice (½ c)	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
Milk 8 oz.	Milk	Milk	Milk	Milk	Milk
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Entrée 1 <i>Café LA Favorite</i>	Walking Taco Nachos (Turkey & Cheese) (Bulk Chips) & Pico De Gallo (R5708)	Pepperoni Pizza Wedge (R0730) AND/OR Cheese Pizza Wedge V (R1063)	Chicken Corn Dog (R0920)	Mini Mozzarella Bites with Marinara Sauce V (R1153)	Optional: Fresh Topping* for both sandwiches Spicy Breaded Chicken Sandwich (R0907) Optional: Fresh Topping* AND/OR Breaded Chicken Sandwich (R0958)
Entrée 2	Bean & Cheese Chile Burrito V (R1955) & Fresh Salsa (R4613)	BBQ Beef Rib Patty Sandwich with Pickles & Coleslaw (R5705)	Zesty Beef & Cheese Chalupa, Bulk & Tortilla Chips (R5699) & Fresh Salsa (R4613) OR	Orange Chicken & Broccoli Rice Bowl (R5626)	Pork Carnitas Bowl (R5750)

Week 1 Cycle

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			Turkey Breast & Cheese Sandwich (R0911) Optional: Fresh Topping*		
Entrée 3 <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068)	Impossible Burger (R6032) Optional: Fresh Topping*	Chik'n Nuggets (R6021) Artisan Roll (CMS #6068) AND/OR Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068)	Vegan Teriyaki & Broccoli Rice Bowl (R6049)	Spicy Chick'n Sandwich (R6051) AND/OR Chik'n Sandwich (R6029) Optional: Fresh Topping* for both sandwiches
*FRESH TOPPING OPTIONS: SERVE EITHER FRESH PICKLES (R4618) OR FRESH LETTUCE (R4642) OR LETTUCE & TOMATO (R4520)					
Vegetable-Hot (½ c)	No Hot Vegetable	Potato Smiles (R4176)	No Hot Vegetable	No Hot Vegetable	Roasted Potato Wedges (R4370)
Veg, Fruit	Refer to Harvest Bar or Harvest Stand Menu				
Treat Item	Offer the Chocolate Chip Cookie* (R2641/CMS #2766) once a week as an Extra Treat.				
Milk 8 oz.	Milk	Milk	Milk	Milk	Milk
SUPPER	SUPPER	SUPPER	SUPPER	SUPPER	SUPPER
Entrée 1 Hot OR Cold	Cheeseburger Sliders (R0137) OR Manager's Choice SUPPER Sandwich**	Cheesy Pillows V (R1119) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V	Chicken Parmesan Wrap (R5751-DW, R5752-CB) OR Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159) OR Manager's Choice SUPPER Sandwich**	Longboard Pizza (Chicken & Jalapeno) (R1156) Under 4 Yrs: Toasted Cheese Sandwich V (R1086-IW, R1131-Scratch) OR Turkey Stick (CMS #2065) & Cheese Plank, 2 each V (CMS #2525) Cheez-It Crackers (CMS #1239) Under 4 Yrs: Cheese Plank, 2 each V Cheez-It Crackers V
OPTIONAL Shelf-Stable Meal Kits (NOT for students under 4 years): 1. Beef Stick Meal Kit (CMS #1688) OR 2. Sunbutter & Jelly Meal Kit V (CMS #1683)					
Entrée 2 Vegan	ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day. Entrée Options: 1. Chik'n Nuggets (R6021) & Artisan Roll (CMS #6068) 5. Impossible Burger (R6032) 2. Buffalo Chik'n Nuggets (R6031) & Artisan Roll (CMS #6068) 6. Sunbutter & Strawberry Jelly Sandwich (R1943) 3. Vegan Chik'n Tenders (R6043) & Artisan Roll (CMS #6068) 7. Apple Cinnamon Chickpea & Grape Jelly Sandwich (R1944) 4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich (R6051)				
Vegetable (½ c)	Cherry Smooth Cup (CMS #2364)	Paradise Punch Vegetable Juice (CMS #1681)	Petite Baby Carrots (CMS #3006) Under 4 yrs: Cherry Smooth Cup (CMS #2364)	Berry Berry Blue Slush (CMS #2827)	Celery Sticks (CMS #3826) Under 4 yrs: Orange Medley Juice (CMS #1308)

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Fruit (½ c)	Fresh Fruit	Fresh Fruit	Cherry Lemon Cup (CMS #2981)	Fresh Fruit	Mango Sorbet (CMS #2774)
			Under 4 yrs: Fresh Fruit		Under 4 yrs: Fresh Fruit ONLY apple, orange, pear, banana, sliced strawberry
Milk 8 oz.	Milk	Milk	Milk	Milk	Milk
CONDIMENTS B=Breakfast L=Lunch S=Supper	L- Taco Sauce or Tapatio, BBQ Sauce, Optional: Ranch, Liquid Chamoy L,S- Ketchup, Tajin S- Mayo, Mustard	B- Cream Cheese (CMS #7097-DW, #9043-CB) strawberry Jam (CMS #1690) L- Ketchup, Mustard Optional: Liquid Chamoy S- Tajin	B,L- Taco Sauce or Tapatio L- Ketchup, BBQ Sauce, Optional: Liquid Chamoy L,S- Mustard, Mayo, Tajin Optional: Ranch Dressing	L- Sriracha Sauce, Optional: Ranch Dressing, Liquid Chamoy L,S- Tajin S- Taco Sauce or Tapatio,	L- BBQ Sauce, Ketchup, Taco Sauce or Tapatio, Choice Dressing, Optional: Liquid Chamoy L,S- Mayo, Mustard, Tajin S- Optional: Ranch

All the Grain/Bread items served are whole grain rich.

V = Vegetarian

Milk – Must serve two choices from the following five (5) options:

Fat-Free (8 oz)	Low-Fat (8 oz)	Fat-Free Lactose Free (8 oz)	Fat-Free Chocolate (8 oz)	Fat-Free Strawberry (8 oz)
NOTE: Flavored Milk (Chocolate & Strawberry) can only be offered for Lunch and Supper for 1 st grade and above.				

Deluxe Cereal Bowl

Cinnamon Toast Crunch (CMS #1623)	Honey Bunches of Oats (CMS #1425)	Honey Cheerios (CMS #1442)	
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Fresh Fruit

Apple (CMS#3800)	Banana (CMS #3204) Do not order on Mondays	Orange (CMS #3093)	Strawberries (CMS #3246, R3332) - Serve at LUNCH ONLY twice a week.	Nectarine (CMS# 3891)
Peach (CMS #3886)	Pear, Bartlett (CMS#3939)	Plumcot (CMS# 3940)	Pluot (CMS# 3700)	White Peach (CMS# 3884)

**MANAGER'S CHOICE OPTIONS FOR LUNCH AND SUPPER

SUPPER SANDWICHES	1. Toasted Cheese Sandwich (R1086-IW / R1131-Scratch) 2. Turkey Breast & Cheese Sandwich (R0911)	3. Tuna Sandwich (R5619) 4. Apple Cinnamon Chickpea & Grape Jelly Sandwich V (R1944) 5. Sunbutter & Strawberry Jelly Sandwich V (R1943)
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